

# VOCAL PSYCHOTHERAPY TRAINING COURSE

We are delighted to be announcing the first Vocal Psychotherapy training course in Europe, due to begin in Summer 2018.

This is a two year advanced training course, available to qualified music therapists, which will result in a certificate in Vocal Psychotherapy from the Music Psychotherapy Center in New York.

The course consists of two six day residential courses each year in the UK, plus online seminars, and 1:1 supervision with Diane Austin.



*Vocal Psychotherapy is a new voice based model of music psychotherapy developed by **Dr. Diane Austin**. After more than 20 years working as a music psychotherapist in private practice with adolescents and adults, Austin's clinical practice and research led to the conclusion that the voice is the primary instrument, and that singing is one of the most effective ways to work toward physical and emotional well being and to build a connection to one's innermost self and to others. Vocal Psychotherapy is the use of the breath, natural sounds, vocal improvisation, songs and dialogue within a client and therapist relationship to facilitate intrapsychic and interpersonal change and growth. It combines the ideas and theories of depth psychology with the practice of vocal music therapy. This model includes vocal holding techniques©, free associative singing© and other techniques for accessing conscious and unconscious feelings, memories and associations.*

For further information about this course and how you can apply, please contact Tina Warnock: [tinaw@belltree.org.uk](mailto:tinaw@belltree.org.uk) or call 01273 776454

This training course is being run in association with Belltree Music Therapy Centre CIC: [www.belltree.org.uk](http://www.belltree.org.uk)

